

Organizer



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Subvented by



## Baseball5 Coach Programme 2025

10-14 September 2025 Hong Kong

### Event Information to National Federations

Organizer	The Baseball Association of Hong Kong, China (BAHKC)
Supported by	World Baseball Softball Confederation (WBSC)
Subvented by	Leisure and Cultural Services Department, HKSAR (LCSD)
Objectives	<ul style="list-style-type: none"><li>♦ To train any coaches who are interested to becoming a Baseball5 Coach</li><li>♦ To assist your federation in developing Baseball5 locally</li></ul>
Instructor	<b>Mr. Andrea D'AURIA (ITA)</b> Chair, WBSC Baseball5 Game Official Commission Member, WBSC Coach Commission
Language	<b>English</b>
Registration	<ul style="list-style-type: none"><li>♦ <b>International Official shall be nominated by the respective National Federation</b></li><li>♦ To return a completed Nomination Form to BAHKC <b>by 25 August 2025</b></li><li>♦ To make payment of Participation Fee and Hospitality Packages (if applicable), to BAHKC <b>by 31 August 2025</b></li></ul>
Participation Fee	<b>HKD 800</b>  Please note that International Official shall take care of his/her international transport, accommodation, meals, and local transportation at their own expenses.  <b>Below is our Hospitality Packages for your consideration, it is optional.</b>

Hospitality  
Packages  
(Optional)

**Options:**

- ♦ Hospitality Package (Single occupancy) : **HKD 8,800** per head per event
  - **Single** occupancy with breakfast, including 6 nights' hotel accommodation (check-in on 1 September; check-out on 5 September)
  - lunch box on 2-4 September
  - airport pick-up and drop-off
  - daily transport between the hotel and the field
  - **this package does not include dinner**
  
- ♦ Hospitality Package (Group of 2, shared twin room): **HKD 6,400** per head per event
  - **Shared twin room with two breakfasts**, including 6 nights' hotel accommodation (check-in on 1 September; check-out on 5 September)
  - lunch on 2-4 September
  - airport pick-up and drop-off
  - daily transport between the hotel and the field
  - **this package does not include dinner**
  - **If no participant to share a twin room, participant must take single occupancy package**

Registration

Deadline

**25 August 2025**

Payment

Deadline

**31 August 2025**

Payment

Method

Option 1) To make payment via bank transfer to BAHKC

Account name: The Baseball Association of Hong Kong, China Limited

Bank name: Hang Seng Bank Limited

Bank address: 83 Des Voeux Road, Central, Hong Kong

SWIFT: HASEHKHH

Account number: 364-000919-668

Option 2) To make payment online via BAHKC eShop designated payment link.

Participation Fee ([https://www.hkbaseball.org/eshop/load.php?link\\_id=625348](https://www.hkbaseball.org/eshop/load.php?link_id=625348) )

Hospitality Package (Single occupancy) ([https://www.hkbaseball.org/eshop/load.php?link\\_id=625336](https://www.hkbaseball.org/eshop/load.php?link_id=625336) )

Hospitality Package (Group of 2, shared twin room) ([https://www.hkbaseball.org/eshop/load.php?link\\_id=625339](https://www.hkbaseball.org/eshop/load.php?link_id=625339) )

Note: To safeguard yourself against any potential financial loss, please do not make any payment to any third parties by any means.

## Remarks

- ♦ A new scoring APP that to be used at the coming World Cup will be introduced. The respective National Federation is required to register your nominated game official(s) on MyWBSC: <https://www.wbsc.org/en/organisation/mywbsc> ; and assign a role of “Scorer” in order to activate his/her profile in the scoring app. Participants are recommended to download it in advance. Link to download:

### Android:

[https://play.google.com/store/apps/details?id=com.ballclubz.app&pcampaignid=web\\_share](https://play.google.com/store/apps/details?id=com.ballclubz.app&pcampaignid=web_share)

### Apple:

<https://apps.apple.com/ch/app/ballclubz/id1626368307?l=en-GB>

- ♦ Participants are required to bring their own water bottles. Water dispensers will be provided at the venue.
- ♦ Participants are requested to arrive at the venue 15 minutes early to ensure that the event starts as scheduled.
- ♦ The Association will conduct filming and video recording during the event for publicity and record purposes.
- ♦ The Association reserves the right to amend the content if necessary.

## Enquiry

The Baseball Association of Hong Kong, China

Contact Person: Mr. Andy Lo or Mr. Victor Lau



(852) 2504 8330



[office@hkbaseball.org](mailto:office@hkbaseball.org)

## **BASEBALL5 COACHING CLINIC LAYOUT – DAY 1 WEDNESDAY, SEPTEMBER 10<sup>th</sup> 2025**

*Evening: 19.00 – 22.00*

1) Clinic Introduction:

- Presentation of the participants & instructor

*Classroom – 30 min*

2) Players assessment & evaluation:

- Example of different tests, physical and technical
- Position specifics required skills

*Classroom – 60 min*

*BREAK: 20.30 – 20.45*

3) Practice planning:

- Create an organized practice plan

*Classroom – 60 min*

4) Q&A:

- Questions/answers on the daily activity

*Classroom – 15 min*

## **BBASEBALL5 COACHING CLINIC LAYOUT – DAY 2 THURSDAY, SEPTEMBER 11<sup>th</sup> 2025**

*Evening: 19.00 – 22.00*

1) Field set up:

- Mark the field

*Field – 30 min*

2) Warm up:

- The proper sequence to prepare for a practice and/or a game

*Field – 30 min*

3) Play catch:

- Different drills to master the catch & throw fundamental

*Field – 45 min*

*BREAK: 20.45 – 21.00*

4) Defensive fundamental:

- Improve footwork & hands abilities
- Throws from different angles

*Field – 45 min*

5) Q&A:

- Questions/answers on the daily activity

*Field – 15 min*

## **BASEBALL5 COACHING CLINIC LAYOUT – DAY 3**

### **SATURDAY, SEPTEMBER 13<sup>th</sup> 2025**

#### **Morning: 9.00 – 12.30**

1) Offense:

- Proper technique for hitting
- Drills to improve the hitting abilities

*Field – 60 min*

2) Video Analyses part 1:

- Participants will hit and video will be recorded

*Field – 30 min*

#### **BREAK: 10.30 – 10.45**

3) Baserunning:

- The importance of running the bases properly

*Field – 30 min*

4) Game time:

- Participants will play games

*Field – 75 min*

#### **LUNCH BREAK: 12.30 – 14.00**

#### **Afternoon: 14.00 – 17.30**

5) Defensive routine:

- Drills to work on routine
- Fence rebounds

*Field – 45 min*

6) Offensive routine:

- Drills to work on routine

*Field – 45 min*

#### **BREAK: 15.30 – 15.45**

7) Hitting variations:

- Bunting
- Lobs

*Field – 45 min*

8) Game time:

- Participants will play games

*Field – 45 min*

9) Q&A:

- Questions/answers on the daily activity

*Field – 15 min*

#### **Contact:**

**The Baseball Association of Hong Kong, China**

Office hours: +852 2504 8330

Email: [office@hkbaseball.org](mailto:office@hkbaseball.org)

<https://www.hkbaseball.org/>

## LOCATION MAP

### SKH Li Fook Hing Secondary School

Tsui Wan Estate, Tsui Wan Street, Chai Wan, Hong Kong.

[https://www.lfh.edu.hk/images/2011/map\\_photo/map.html](https://www.lfh.edu.hk/images/2011/map_photo/map.html)

12-minutes walk to SKH Li Fook Hing Secondary School from the Chai Wan Station (Exit D)

